

BUILDING A FRAMEWORK FOR CAREER COUNSELING

Questions to Consider

Please consider the questions below (and any others that may arise as you read through this list), and note those that are of most concern to you as you work with your students. If possible, connect your concern or issue to a specific student experience you have had or are having.

1. What are the student's expectations of career counseling? Of the career counseling process?
2. What are some methods of assessment (formal and informal) I can use with this student?
3. How can I assess the readiness, commitment and follow-through of my student?
4. How do I foster the sense of possibility and hope, while at the same time help the student to evaluate realistic options and set realistic expectations?
5. How do the phases of transition play a role in the career counseling process with my student? (Transition Model)
6. How can I help this student make a (radical) transition? What fears, assumptions or barriers may be at play?
7. How do I continually consider context, perspective, personal culture and meaning for the student? (Feminist & Multicultural Theory)
8. Is this student stuck? What are some strategies to get him/her unstuck? To motivate my student?
9. How do I help the student to build resiliency, self-reliance and self-sufficiency?
10. How do I encourage goal setting with my student? (SMART)
11. How do I encourage information gathering for my student?
12. How do I keep the student engaged in the career planning process?
13. What role does the collaborative relationship have with my student in the career counseling process? (Relational Cultural Theory)
14. How do I maintain professional boundaries with my student?
15. What effect does the current economic climate have on my student's career decision-making process?